



RED RIVER UNITARIAN UNIVERSALISTS

Sunday, April 26, 2020

*"It may be that when we no longer know what to do,
we have come to our real work and when we no longer
know which way to go, we have begun our real jour-
ney. The mind that is not baffled is not em-
ployed. The impeded stream is the one that sings."*

~ Wendell Berry

Ring the Tibetan Bowl

Call to Community

Chalice Lighting *Try to Love the Questions Themselves*
Rainer Maria Rilke

Spoken Affirmation

*Love is the spirit of this church ... and service is its law.
This is our great covenant ... to dwell together in peace,
To seek the truth in freedom ... and to help one another.*

Opening Thought *The Most Ridiculous Things*
People With Invisible Illness Hear
The Mighty

Reading *So Much Held in a Heart*
Bryan Doyle

Song *Singer of Life*
Words: Texcoco Nahutal poem | music: Native American melody

Practices

Meditation from *A Book of Uncommon Prayer*
Brian Doyle

Stillness for a time

Musical Response

Remarks *A Stranger to Myself:*
Living with An Invisible Disability.

Among Ourselves

Song *We Shall Be Known*
text and music: MaMue
The Thrive, East Bay Choir

Parting Thought *Hold On to What Is Good*
Nancy Wood

Extinguishing the Chalice

*We extinguish this flame but not the light of truth,
The warmth of community or the fire of commitment.
These we carry in our hearts until we are together again.*



PROGRAM NOTES

We welcome back this morning Dr Virginia A. Parrish, professor emeritus from Southeastern Oklahoma State University. She lives with her Labrador retriever, Cheyenne, in a somewhat tiny home with a big yard and big trees in Durant. Her Doctorate degree centered on film and creative writing with a dash of literature and a dash of theatre. She loves the outdoors, traveling via automobile across the U.A., writing, watching and studying film, studying the environment, and study theology and spirituality. She has three daughter, three son-in-law, nine grandchildren and two great-grandchildren.



The 2020 Stewardship Campaign will kick off on May 11th. Look for details in the May *Red River Ramblings*.

The Spring Congregational Meeting has been postponed due to the need to shelter in place. The board decided on Sunday, June 28th. If the chapel is still closed we'll meet via Zoom.

WHO'S DOING WHAT THIS SUNDAY

Worship Associate *Robert Shelton*
Guest Speaker *Dr. Virginia A. Parrish*
AV Desk *Jim Holmes, Doug Strong*

NEXT SUNDAY: MAY 3, 2020

LIVING WITH GRATITUDE

Rev. Dr. Marlin Lavanhar, *speaking (video message)*

The worship team decided for the month of May each member is going to select a video sermon given at some UU church. Marla selected a sermon by the senior minister at All Souls Unitarian Church in Tulsa.

Sundays at All Souls include three worship experiences, A contemporary service, a praise service and a traditional service. Each with a different style and focus. *Living with Gratitude* was delivered at a traditional worship service in late 2018.