

*The time has come to put our stones down. / For hands clutching stones
can't freely drum. / And hearts fisting the past can't freely sing.*
~ Mark Nepo

GREETING ONE ANOTHER

- ♦ With hellos & “air” hugs
- ♦ Sounding the Tibetan Bowl

GATHERING OUR COMMUNITY

- ♦ Call to Community
Here in the Refuse of this Sabbath Home
by Kathleen McTigue*
- ♦ Candles of Community
- ♦ Prelude
Prelude
by George Winston
- ♦ Lighting the Chalice
Blessed Is the Fire
by Eric Heller-Wagner*
- ♦ Spoken Affirmation
*Love is the spirit of this church ... and service is its law.
This is our great covenant ... to dwell together in peace,
To seek the truth in freedom ... and to help one another*

EXPANDING OUR UNDERSTANDINGS

- ♦ Opening Thought
Breakings
by Wendell Berry
- ♦ Song
A Good Life
Based on *Good Life* by OneRepublic | First Unitarian
Church of Rochester, NY*

EMBRACING OUR LIMITATIONS

- ♦ Reading
from *The Moral Instinct*
by Steven Pinker

♦ Practices

- Blessing in the Chaos* from The Cure for Sorrow
by Jan Richardson
- ♦ Quiet Sitting for a Time
- ♦ Musical Response
Eagle Song
Words and Music by Joy Harjo

DECLARING OUR POSSIBILITIES

- ♦ The Morning Discourse
Moral Decision-Making – Is it in Our Genes?
by Elena Westbrook
- ♦ Open Dialogue

CONFIRMING OUR FAITH

- ♦ Giving
*Those who wish may bring their gifts to the table
or give on the church mobile app home screen*
- ♦ Song
Draw the Circle Wide
Music by Mark Miller | Words by Gordon Light
Singers Lumina Vocal Ensemble
- ♦ Parting Thought
Choose to Bless the World
by Rebecca Parker*
- ♦ Benediction
Deep Peace of the Running Wave to You
by Gaelic tradition
- ♦ Extinguishing the Chalice
*We extinguish this flame but not the light of truth,
The warmth of community or the fire of commitment.
These we carry in our hearts until we are together again.*
- ♦ Postlude
For The Beauty of the Earth
Music by Conrad Kocher | Paul Cardall, guitarist

*Lifting up contributions from Unitarian Universalists

PROGRAM NOTES

We welcome once again to our midst Elena Westbrook who was formerly the worship chair for Community UU Church of Plano, where she has been a regular guest speaker. Now semi-retired, she has also been a marketing writer, a proposal manager, a medical copyeditor, an environmental consultant, and a radio DJ. She lives in Fairview with her husband, Paul.

Tomorrow the packet of documents for the upcoming Fall Congregational Meeting will be emailed the membership. Friends and newcomers to our community are warmly invited to attend the meeting which is on Sunday October 17th immediately following the morning assembly. For those who would rather attend virtually, go to Zoom.us and join the meeting. Here is the Meeting ID: 925 3224 3954 for the congregational meeting.

Last Chance! Help Us Reach 100 Subscribers. We currently have 93 subscribers. If we can get to 100, YouTube will create for us our web address (it would be “[Youtube.com/redriveruu](https://www.youtube.com/redriveruu)” If subscribing sounds difficult, stop by the AV desk for help. It is free and useful.

MAKING THINGS HAPPEN TODAY

- ♦ October Board Rep: *Dick Powell*
- ♦ Greeting us at the door: *Linda Tracy*
- ♦ Host: *Marion Hill*
- ♦ Guest Speaker: *Elena Westbrook*
- ♦ AV Crew: *Carole Harner, Don Rogers, Jim Holmes, Marla Loturco*
- ♦ Sunday School Leader: *Ellie Dyer*

Continued on back panel

WELCOME GUESTS

We are Unitarian Universalists. We are brave, curious, and compassionate thinkers and doers. We are people from many backgrounds who have different beliefs, but shared values.

Grounded in more than two hundred years of thoughtful, spiritual communities, we are people of many generations, ethnicities, genders and sexualities, and spiritual backgrounds. People engaged in making the world a better place. People focusing on what really matters – love, justice, integrity, and hope.

We are a lay-led congregation. Lay-led congregations have no minister which means members of the congregation manage the various aspects of our church life. Unitarian Universalism has a proud tradition of lay-led churches.

We Unitarian Universalists have different beliefs, but shared values. We are Unitarian Universalists, and at the same time we may also be agnostic, Buddhist, Christian, Hindu, humanist, Jewish, Muslim, pagan, atheist, believers in God, and those who just let the great mystery be. The diversity of beliefs you'll find in our church community is one of our strengths – we're always learning how to see the world from a different perspective.

Learn more about us at your leisure by downloading our app 'Red River UU' from Google Play or the Apps Store.

This is who we are. We are glad you came today.



NEXT SUNDAY, OCTOBER 10, 2021

10 am - Adult Forum

During October we are studying five activists that made a difference. Next week:

11:15 am - The Morning Assembly

Emotional Intelligence: Principles for Improving Relationships, Families, and Faith

Michael Davis, *speaking*

Research from the past 30 years has shown that *Emotional Intelligence* be more important than *Rational Intelligence* fostering healthy lives, stable relationships, and a flourishing of the human spirit. This talk will focus on the value of emotional intelligence in everyday life, how to nurture it, and how modern understanding of our emotions has been influenced by major figures in philosophical and religious history.

12:15 pm - Coffee and Conversations - *Suspended for now due to the Delta Variant.*

Red River Unitarian Universalists



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TO OUR VIRTUAL FRIENDS: We live stream our Sunday Activities on our Zoom Account: Meeting ID: **989 0789 7878**

Our App: 'Red River UU' free from Google Play, and the Apps Store or scan the QR code >>>>



THE MORNING PROGRAM

Sunday, October 3, 2021



All Ways Intriguing