I have an advance directive, not because I have a serious illness, but because I have a family.

~ Ira Byock, MD

### GREETING ONE ANOTHER

- With hellos & "air" hugs
- Sounding the Tibetan Bowl

# GATHERING OUR COMMUNITY

Call to Community

Come In

The weekly Call to Community from White Bear UU Church, Mathomedi, MN\*

- Candles of Community
- Prelude

My Way

Music: Claude Francois & Jacques Ravaux

Lyrics: Paul Anka

Lighting the Chalice

From the Bottom of my Very Existence by Dorothea Kaufmann, Unitarian Religious Community of Free Faith, Germany

Spoken Affirmation

Love is the spirit of this church ... and service is its law. This is our great covenant ... to dwell together in peace, To seek the truth in freedom ... and to help one another

# **EXPANDING OUR UNDERSTANDINGS**

Opening Thought
 About Hospice and Palliative Care

Song

We Laugh, We Cry — verse 1
Words & Music: Shelly Jackson Denham\*

## EMBRACING OUR LIMITATIONS

Practices

Talking About Death Brings End of Life Benefits by Brian Williams, NBC news story

- Stillness for a Time
- Song

*We Laugh, We Cry* – verse 2

# **DECLARING OUR POSSIBILITIES**

The Morning Discourse
 Revisiting Patrick Henry's Second Choice
 by Doug Strong\*

Song

*We Laugh, We Cry* – verse 3

# **CONFIRMING OUR FAITH**

Giving

Those who wish may bring their gifts to the table or give on the church mobile app home screen

Song

*We Laugh, We Cry* — verse 4

• Parting Thought

An Ending, or Prelude to More Glorious Beginnings? by Michael Schuler\*

Extinguishing the Chalice

We extinguish this flame but not the light of truth, The warmth of community or the fire of commitment. These we carry in our hearts until we are together again.

• Postlude

# PROGRAM NOTES

Leading this morning is one of our own, Doug Strong. Doug cofounded Red River UU in 1997 as an outreach ministry of Community UU Church in Plano

where he was the settled minister. After retiring from active ministry, he moved to Texoma and is an active part of the congregation.

**The Worship Team** meets this Wednesday, Nov 17 @ 1 pm at IHOp restaurant in Sherman to continue planning upcoming morning assemblies.

# WHO'S DOING WHAT TODAY

Today's Board Rep: David Dyer

• Greeting us at the door: Carolyn Cameron

• Host: Marion Hill

Keyboardist: Dan Althoff

Guest Minister: The Rev. Doug Strong

• AV Crew: Carole Harner, Don Rogers, Jim Holmes,

Marla Loturco

Sunday School Leader: Ellie Dyer



#### Some resources:

- Physician Orders for Life Sustaining Treatment: https://polst.org
- My Five Wishes: https://fivewishes.org
- Ever Plan: www.everplan.com
- Patients Rights: www.patientsrightscouncil.org
- National Institute on Aging: www.nia.nih.gov (search advance directives)
- Death with Dignity: https://deathwithdignity.org

<sup>\*</sup>Lifting up contributions from Unitarian Universalists

### I DID IT MY WAY

And now, the end is near And so I face the final curtain My friend, I'll say it clear I'll state my case, of which I'm certain I've lived a life that's full I traveled each and every highway And more, much more than this I did it my way Regrets, I've had a few But then again, too few to mention I did what I had to do And saw it through without exemption I planned each charted course Each careful step along the byway And more, much more than this I did it my way Yes, there were times, I'm sure you knew When I bit off more than I could chew But through it all, when there was doubt I ate it up and spit it out I faced it all and I stood tall And did it my way I've loved, I've laughed and cried I've had my fill, my share of losing And now, as tears subside I find it all so amusing to think I did all that And may I say, not in a shy way Oh, no, oh, no, not me, I did it my way For what is a man, what has he got? If not himself, then he has not To say the things he truly feels And not the words of one who kneels The record shows I took the blows And did it my way Yes, it was my way

# NEXT SUNDAY, NOVEMBER 21, 2021

#### 10 am - Adult Forum

During November we are exploring the possible future of our planet. Sorry, but we don't come out on top. Will we go quickly with a uncontrolled virus or will climate change make the earth unlivable for humans?

## 11:15 am - The Morning Assembly

# **Intergenerational Justice**

The Rev. Dr. Mark Y.A. Davies, leading

In this discourse I will reflect with gratitude on what previous generations have done to contribute to our lives and discuss what justice requires of our generation for the future. What can we do to make future generations have more experiences for which to be thankful?

12:15 pm - Coffee and Conversations - Suspended for now due to the Delta Variant.

### **Red River Unitarian Universalists**



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TO OUR VIRTUAL FRIENDS: We live stream our Sunday Activities on our Zoom Account: Meeting ID: 989 0789 7878

Our App: 'Red River UU' free from Google Play, and the Apps Store or scan the QR code >>>>







November is National Hospice & Palliative Care Month