

Works of love are always works of peace.

~ Mother Teresa

GREETING ONE ANOTHER

- ◆ With hellos & “air” hugs
- ◆ Ringing the Tibetan Bowl

GATHERING OUR COMMUNITY

- ◆ Call to Community
We Gather in Reverence...
by Sophia Lyon Fahs*
- ◆ Candles of Community & Giving/Prelude
Those who wish are invited to light a candle
Prelude: *Dona Nobis Pacem*
music: Trad. Canon | words: Trad. Latin |
singing: The Sunday 7 pm choir of St. Francis de Sales
Paris; Ajax, Ontario
- ◆ Chalice Lighting
At Times ...
by Albert Schweitzer*
- ◆ Spoken Affirmation
Love is the spirit of this church ... and service is its law.
This is our great covenant ... to dwell together in peace,
To seek the truth in freedom ... and to help one another.
- ◆ Introducing Peace Sunday #3

EMBRACING OUR LIMITATIONS

- ◆ Practices
Meditation
Peace
by Pupils of the Lincoln Girls School, Providence, RI
adapted
Sitting in Stillness for a Time
Musical response

DECLARING OUR POSSIBILITIES

- ◆ Great Peacemakers part I
Mother Teresa - Love in Action
Selected Quotes
- ◆ Song
Mother Teresa's Song
by Laura Tompkins & Katy Kinard
- ◆ Great Peacemakers part II
Thich Nhat Hanh - Being Peace
Selected Quotes
- ◆ Song
Go As A River
music: Br. Phap The, performed by Plum Village

CONFIRMING OUR FAITH

- ◆ Giving
Those who wish may bring their gifts to the table
- ◆ Benediction
Go In Peace
by Mark Belletini
- ◆ Extinguishing the Chalice
We extinguish this flame but not the light of truth,
The warmth of community or the fire of commitment.
These we carry in our hearts until we are together again.
- ◆ Postlude
A Song of Peace
by Teresa Jennings

*Lifting up contributions from Unitarian Universalists

PROGRAM NOTES

The Committee on Ministry meets today. Carolyn, Elbert and Jim will be available in the chapel following today's morning assembly for all who wish to speak to the committee regarding any aspect of the various ministries with keep our lay-led congregation active and vital.

Two important deadlines! 1) Oct. newsletter: was last night, if you get stuff sent by tonight, it will get in. 2) For the Fall Congregational meeting all team/committee/interest groups annual reports are due today. Email yours to president@redriveruu.org Reports cover what your group did from Oct. 1, 2021 thru Sept. 30, 2022.

Chair Yoga meets Tuesday @ 10 am right here in the chapel. You couldn't find a more comfy chair to cradle you while you start helping your body limber up without exhaustion or pain. Open to everyone, especially newbies.

MAKING IT HAPPEN THIS MORNING:

- ◆ Board Rep & Greeter: *Marilyn Alexander*
- ◆ Ask Me Host: *Amy Hoffman-Shehan*
- ◆ Leading today: *Michelle Haynes, Marla Loturco*
- ◆ AV Crew: *Carole Harner, Jim Holmes, Don Rogers*
- ◆ Sunday School Leader: *Ellie Dyer*
- ◆ Providing refreshments: *Marilyn Alexander, Bruce & Carolyn Cameron, Hannah Peterson*

Program notes continued on back panel

WELCOME GUESTS

We are Unitarian Universalists. We are brave, curious, and compassionate thinkers and doers. We are people from many backgrounds who have different beliefs, but shared values.

Grounded in more than two hundred years of thoughtful, spiritual communities, we are people of many generations, ethnicities, genders and sexualities, and spiritual backgrounds. People engaged in making the world a better place. People focusing on what really matters – love, justice, integrity, and hope.

We are a lay-led congregation. Lay-led congregations have no minister which means members of the congregation manage the various aspects of our church life. Unitarian Universalism has a proud tradition of lay-led churches.

We Unitarian Universalists have different beliefs, but shared values. We are Unitarian Universalists, and at the same time we may also be agnostic, Buddhist, Christian, Hindu, humanist, Jewish, Muslim, pagan, atheist, believers in God, and those who just let the great mystery be. The diversity of beliefs you'll find in our church community is one of our strengths – we're always learning how to see the world from a different perspective.

Learn more about us at your leisure by downloading our app 'Red River UU' from Google Play or the App Store.

This is who we are. We are glad you joined us today.



NEXT SUNDAY, OCTOBER 2, 2022

10 am - Adult Forum

Comparative Religion

A Great Courses Video Series now thru Oct. 9

11:15 am - The Morning Assembly

Stages of Faith or Spiritual Development

The Rev. Walter Norris, *leading*

In 1981, James Fowler, a Methodist Theologian at Emory University, developed the idea of a developmental process of human faith or spirituality. We will consider the different stages that endure throughout a person's individual life. An example of one of these stages is the last or sixth stage, Universalizing Faith. It is the stage that many never reach. Dr. Martin Luther King, Jr and Mahatmas Gandhi are those who have reached this phase. It is a phase that considers all people important. They strive to create social justice in the world.

12:15 pm - Calories & Conversations

Good Times Team 4

Our answer to traditional coffee hour! Gathering in the Alexander and Emerson Rooms by the upper lobby we meet and greet and enjoy a variety of snacks. Join us, please, it is a nice way to meet one another.

Red River Unitarian Universalists

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The Morning Program

September 28, 2022



*We are a sanctuary for religious liberals
celebrating compassion, diversity, and
spiritual growth.*