

*‘Us’ Refers to All of Humankind.*

~ Oscar Arias

## GREETING ONE ANOTHER

- ◆ With hellos & “air” hugs
- ◆ Ringing the Tibetan Bowl

## GATHERING OUR COMMUNITY

- ◆ Call to Community  
*Come . . .*  
by Israel Zangwill, *adapted*
- ◆ Candles of Community & Giving/Prelude  
*Those who wish are invited to light a candle*  
Prelude: *Dona Nobis Pacem*  
music: Trad. Canon | words: Trad. Latin |  
singing: “Merry Choir” from the Russian Children’s  
School #8
- ◆ Chalice Lighting  
*Flame of Fire . . .*  
by Leslie Pohl-Kosbau\*
- ◆ Spoken Affirmation  
*Love is the spirit of this church . . . and service is its law.*  
*This is our great covenant . . . to dwell together in peace,*  
*To seek the truth in freedom . . . and to help one another.*
- ◆ Introducing Peace Sunday #4

## EMBRACING OUR LIMITATIONS

- ◆ Practices  
Meditation  
*The Great Lesson* by Olympia Brown\*  
Sitting in Stillness for a Time

Musical response

*Make Channels for the Streams of Love*

Words: Richard . Trench | Music: American folk |  
singer: Allison Halerz

## DECLARING OUR POSSIBILITIES

- ◆ Great Peacemakers part I  
*Coleman McCarthy - Love in Action*  
Selected Quotes
- ◆ Song  
*Teaching Peace*  
by Red Grammer
- ◆ Great Peacemakers part II  
*Oscar Arias - Being Peace*  
Selected Quotes
- ◆ Song  
*Costa Rica’s National Anthem*  
music: Manuel María Gutiérrez Flores

## CONFIRMING OUR FAITH

- ◆ Giving  
*Those who wish may bring their gifts to the table*
- ◆ Benediction  
*The Peace*  
Unknown author
- ◆ Extinguishing the Chalice  
*We extinguish this flame but not the light of truth,*  
*The warmth of community or the fire of commitment.*  
*These we carry in our hearts until we are together again.*

## PROGRAM NOTES

**This morning’s assembly** was created by Marla Lo-turco and Jana Norris. The last in the current series of Leaders of Change will be on November 27. The series will continue in the spring of 2023.

**Greeters and hosts for Sunday worship needed!** If you're looking for a not-too-demanding way to be of service to Red River UU, please consider acting as either a greeter or host one morning a month. The greeter welcomes attendees at the 11:15 a.m. service, passes out bulletins, has visitors complete a visitor card and make and wear a temporary name badge, and answer any questions they may have. The host backs up the greeter, chatting with attendees, making visitors feel welcome and assisting them in completing the visitor card and the badge. If you've been attending for a while (member or not), you're ready to do these jobs. A couple of the usual greeters have had to bow out, at least temporarily, so we need your help! If interested, please talk with Marion Hill, (marionh3719@gmail.com) or 580-924-7715. Thanks!

**Chair Yoga meets Tuesdays @ 10 am** right here in the chapel. You couldn’t find a more comfy chair to cradle you while you start helping your body limber up without exhaustion or pain. Open to everyone, especially newbies.

Program notes continued on back panel

\*Lifting up contributions from Unitarian Universalists

## WELCOME GUESTS

*We are Unitarian Universalists. We are brave, curious, and compassionate thinkers and doers. We are people from many backgrounds who have different beliefs, but shared values.*

*Grounded in more than two hundred years of thoughtful, spiritual communities, we are people of many generations, ethnicities, genders and sexualities, and spiritual backgrounds. People engaged in making the world a better place. People focusing on what really matters – love, justice, integrity, and hope.*

*We are a lay-led congregation. Lay-led congregations have no minister which means members of the congregation manage the various aspects of our church life. Unitarian Universalism has a proud tradition of lay-led churches.*

*We Unitarian Universalists have different beliefs, but shared values. We are Unitarian Universalists, and at the same time we may also be agnostic, Buddhist, Christian, Hindu, humanist, Jewish, Muslim, pagan, atheist, believers in God, and those who just let the great mystery be. The diversity of beliefs you'll find in our church community is one of our strengths – we're always learning how to see the world from a different perspective.*

*Learn more about us at your leisure by downloading our app 'Red River UU' from Google Play or the App Store.*

*This is who we are. We are glad you joined us today.*



## MAKING IT HAPPEN THIS MORNING:

- ◆ Board Rep: *Jim Holmes*
- ◆ Greeting us at the door: *Amy Hoffman-Shehan*
- ◆ Ask Me Host: *David Dyer*
- ◆ Leading today: *Michelle Haynes & Marla Loturco*
- ◆ AV Crew: *Carole Harner, Don Rogers, Jim Holmes, Marla Loturco*
- ◆ Sunday School Leader: *Ellie Dyer*
- ◆ Providing refreshments: *Carole Harner, Jana Norris, Jim Holmes, Darlene McKimmell*

## NEXT SUNDAY, NOVEMBER 6, 2022

10 am - Adult Forum

### COMPARATIVE RELIGION

A Great Courses Video Series now thru Jan 22

11:15 am - The Morning Assembly

### TBA

(details available in the November newsletter)

The Rev. Dr. Mark Y.A. Davies, *leading*

12:15 pm - Calories & Conversations

Good Times Team 3

Our answer to traditional coffee hour! Gathering in the Alexander and Emerson Rooms by the upper lobby we meet and greet and enjoy a variety of snacks. Join us, please, it is a nice way to meet one another.



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# THE MORNING PROGRAM

SUNDAY, OCTOBER 30, 2022



RED RIVER UNITARIAN UNIVERSALISTS  
ALL WAYS INTRIGUING