

*Things will be OK in the end. If it's not OK, it's not the end."*

~ Bob Marley

## GATHERING OUR COMMUNITY...

- ♦ Ringing the Tibetan Bowl
- ♦ Call to Community  
*For Change*  
by David Breeden\*\*
- ♦ Prelude/ Candles of Community  
*1000 Morning Has Come*  
by Jason Shelton\* | performed by a choir from UU congregation at Shelter Rock, Manhasset, NY
- ♦ Chalice Lighting  
*Bringing Us Home to Love*  
by Frances Koziar\*\*
- ♦ Spoken Affirmation  
*Love is the spirit of this church and service is its law.  
This is our great covenant to dwell together in peace,  
To seek truth in freedom and to help one another.*
- ♦ Lighting the Peace Candle

## EXPANDING OUR UNDERSTANDING

- ♦ Opening Thought  
from *The tyrant dies and his rule is over, the martyr dies and his rule begins.*  
by Soren Kierkegaard
- ♦ Song  
*One Love*  
by Bob Marley
- ♦ Reading  
From *Mark 8:31-33*  
New Revised Standard Version

## EMBRACING OUR LIMITATIONS

- ♦ Practices - with words, stillness, music  
*Untitled*  
by Cameron Young  
Quiet Sitting for a Moment  
Musical Interlude: *Being With You*  
Adaptation from the Reverend Burns Stanfield

## DECLARING OUR POSSIBILITIES

- ♦ Discourse  
*One Love: The Gospel of Marley*  
by Cameron Young

\*a Unitarian Universalist

\*\*a Unitarian Universalist Minister

## CONFIRMING OUR FAITH

- ♦ Giving  
*The work of this church in the world is realized through the generous financial support of all who find comfort here. The bowl awaits.*
- ♦ Song  
*Redemption Song*  
by Bob Marley
- ♦ Closing Thought  
*Justice is Our Prayer*  
by Rebekah Savage\*\*
- ♦ Benediction  
by Cameron Young
- ♦ Extinguishing the Chalice  
*We extinguish these flames but not the light of truth, the warmth of community or the fire of commitment. These we carry in our hearts until we are together again.*
- ♦ Postlude  
*Three Little Birds* by Bob Marley | performed by Bob Marley & the Wailers

## PROGRAM NOTES

**Our guest speaker today** is Cameron Young. You can read their bio on our website event listings and our mobile app under This Sunday.

**Did you forget the newsletter deadline?** If you send your articles, announcements by noon tomorrow, all submissions will be added. Email to [news@redriveruu.org](mailto:news@redriveruu.org).

**5<sup>th</sup> Sunday Potluck Lunch today** – Open to all, even if you forgot or didn't know of our tradition of breaking bread together on the 5<sup>th</sup> Sundays.

## WHO'S DOING WHAT THIS MORNING

- ♦ Board rep for September: *Amy Hoffman-Shehan*
- ♦ Greeting us at the door: *Susie Norris*
- ♦ Guest speaker and Soloist: *Cameron Young*
- ♦ AV crew: *Carole Harner, Don Rogers, Jim Holmes*
- ♦ Sunday school leader: *Jack Bolerjack*

## WELCOME VISITORS

*We are Unitarian Universalists. We are brave, curious, and compassionate thinkers and doers. We are people from many backgrounds who have different beliefs, but shared values.*

*Grounded in more than two hundred years of thoughtful, spiritual communities, we are people of many generations, ethnicities, genders and sexualities, and spiritual backgrounds.*

*People engaged in making the world a better place. People focusing on what really matters - love, justice, integrity, and hope.*

*We are a lay-led congregation. Lay-led congregations have no minister which means members of the congregation manage the various aspects of our church life. Unitarian Universalism has a proud tradition of lay-led churches. We have different beliefs, but shared values.*

*We are Unitarian Universalists, and at the same time we may Muslim, pagan, atheist, believers in God, and those who just let the great mystery be. The diversity of beliefs you'll find in our church community is one of our strengths - we're always learning how to see the world from a distinct perspective.*

*Learn more about us at your leisure by downloading our mobile app 'Red River UU' from Google Play or the Apps Store (or use the QR code below.) This is who we are. We are glad you joined us today because all of who you are is welcome here.*

## **NEXT SUNDAY, OCTOBER 6, 2024**

10 am - Adult Forum

### **Long Strange Trip: A Journey Through Two Hundred Years of Unitarian Universalist History**

The Rev. Dr. Phillip Hewett, minister emeritus of the Unitarian Church of Vancouver calls Long Strange Trip "lively and engaging," adding, " Such a resource is particularly valuable in a UU movement so dependent upon an influx of newcomers with no previous knowledge of its past."

11:15 am - The Morning Assembly  
**A Critique of the Capitalocene**

A Critique of the Capitalocene - some have referred to our current epoch as the Anthropocene given the vast impact of humanity on the planet, but some recent scholars make the argument that it would be more explanatory to understand the age we live in as the Capitalocene, an epoch shaped by capitalism and its extractive and exploitative systems and practices.

12:15 pm - Conversations & Calories

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QR to our mobile app

# The Morning Program

SUNDAY, SEPTEMBER 29, 2024



Bob Marley - Original art by Onar, Acrylic on Canvas

**WE ARE . . .**



**SPIRITUALLY ALIVE  
JOYFULLY INCLUSIVE  
JUSTICE CENTERED**